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JANUARY 29, 2018

Try out nine different dance classes in a three-hour span

Here's your chance to sample ballet, hip hop, bellydance and more in one afternoon



BY **SINEAD CUMMINGS**
PhillyVoice Staff



The Dance Party Boot Camp class at Philly Dance Fitness, 1624 South Street.

LANI ASSAF/FOR PHILLYVOICE

In the span of three hours, you could sample nine dance programs at Philly Dance Fitness, then re-fuel with healthy snacks.

The popular "Taste of Philly Dance Fitness" event will take place on Saturday, Feb. 10, from 12:30 to 3:30 p.m. in South Philly.

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Below is the lineup of classes you can try out:

- Cardio Pop
- Jazz Cardio Fusion
- Zumba

- Hip-Hop
- Cardio Bellydance
- Contemporary Dance Fitness
- Ballet Basics
- Frisky Friday Striptease
- Power Stretch & Sculpt

At the end, there will be a brief presentation from Andrea Corbi Fein, a certified and professional plant-based cook, who will discuss how to incorporate fresh, nourishing foods into a busy schedule.

There will be snacks to try, too, and everyone will get a "foodie" bag to take home.

Tickets to the event are \$40 per person.

Philly Dance Fitness offers more than 40 classes at four locations in Philly: Rittenhouse, Fairmount, Midtown Village and South Philly.

Taste of Philly Dance Fitness

Saturday, Feb. 10

12:30-3:30 p.m. | \$40 per person

Philly Dance Fitness

1170 S. Broad St., Philadelphia, PA 19146



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BY MAZDA LATINO

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