Philadelphia Family

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Philadelphia Dance Day Returns July 27 with Free Dance Classes

Three Philly locations host free dance classes across genres, including lots of family-friendly options, all in one Saturday!















On Saturday, July 27, the city will unite in dance for Philadelphia Dance Day. This nonprofit festival features free classes and live performances from some of the city's best-known instructors at three different locations in Philly.

The day culminates in a two-hour dance performance at Plays & Players (1714 Delancey Place) at 8:30 pm. This will span the genres and feature instructors and students from participating studios, as well as a few pieces from semi-professional dancers. A \$10 donation is suggested for the evening's performance and refreshments.

You can join as many free workshops as you'd like throughout the day, and there is no need to pre-register; but they are offered on a first come, first served basis, so you may want to arrive a few minutes early to ensure your spot if you have your heart set on a particular class. Dancers under age 14 must be accompanied by an adult.

Tiny dancers can get involved in their own special class: Creative Movement and Acrobatics for Kids (Ages 5-10) at Plays & Players (1714 Delancey Place) at 10 am. Using upbeat music and movement games, children will be encouraged to move with confidence and strength by Cristina Guzman of CEG Performing Arts Academy.

Then stick around, because at 10:30 am (also at Plays & Players), Guzman will be teaching Family Hip-Hop! Parents must accompany children under age 10 and are welcome to dance along to the fun, easy-to-follow routines with older kids, too!

In addition to those age-specific classes, there are plenty of fitness dance classes throughout the day that welcome dancers of all ages, from Zumba to Body Jam. Of course, if you want to take some time for yourself, there are lots of adult classes as well. There's Bhangra, Ballet, and even Striptease, just to name a few.

See the entire Philadelphia Dance Day 2019 schedule <u>here</u>, and get your dancing shoes ready for Saturday!

Photograph courtesy of Philadelphia Dance Day.













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