

DANCE MADNESS SCORE BOARD

Team name: _____

Tag #phillydancefitness and #pdfdancemadness in all posts to get credit!

The following challenges may be completed multiple times (except for those in the first category).
Tally a point for each unique instance.

Free throw (1 point)

Week of March 17th total: _____, March 27th total: _____, April 7th total: _____

Take a sweaty selfie and tag your team members.

ESPN interview: Post a pic along with a quote about why you love dancing.

Try a class or instructor you've never tried before and post afterward.

Post 3 words to describe your dance style along with picture or video.

Basket (2 points)

Week of March 17th total: _____, March 27th total: _____, April 7th total: _____

Stitch together a photo collage of you and your teammates doing something dance related and tag everyone.

Find out why one of your teammates started dancing at PDF, post his/her answer on social media.

Caption contest: Post a picture from class and solicit funny captions.

Post a video clip of your favorite dance move. Unless it's flossing! Bonus point if you're wearing a PDF shirt.

3 Pointer (3 points)

Week of March 17th total: _____, March 27th total: _____, April 7th total: _____

Meet up in person with your teammates and take a picture in a dance pose. Tag everyone.
Bonus points for creativity!

Go with one of your team members to a class you've never tried before.

Post a video clip or boomerang of you AND at least one fellow teammate doing a move from class or a 'signature' dance move.

'Slam' dunk: Start some friendly fire toward another team on social media.

Extra point if you get at least 5 comments back and forth.

Grand Total: _____

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